Alert65

**Site:** North Star - Cambridge

# Allergens Summary: North Star ALC

**Reviewed by DM - NS CAMBRIDGE on 19-10-2026**

✓ Contains
Ⓜ May Contain
Ⓡ Removable

| Menu Dishes | NO ALLERGENS | CELERY & CELERIAC | CEREALS CONTAINING GLUTEN | CRUSTACEAN | EGGS | FISH | LUPIN | MILK | MOLLUSCS | MUSTARD | PEANUTS | SESAME SEEDS | SOYA | SULPHUR DIOXIDE (SULPHITES) | TREE NUTS |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **Mains** | | | | | | | | | | | | | | | |
| Add surf to turf | | | | Prawns ✓ | | | | Ⓡ ✓ | | | | | | | |
| Chateaubriand 16/21oz | | | | | | | | | | | | | | | |
| Chicken Schnitzel | | | Wheat ✓ | | ✓ | | | Ⓡ ✓ | | | | | | | |
| Confit duck leg | | | | | | | | Ⓡ ✓ | | | | | Ⓜ | Ⓜ | |
| Fillet steak | | | | | | | | | | | | | | | |
| Fish & Chips | | | Wheat Ⓡ ✓ | | | ✓ | | | | Ⓜ Ⓡ | | | | | |
| Lobster seafood platter | | | | Lobster Ⓡ ✓<br>Prawns Ⓡ ✓ | | | | Ⓡ ✓ | Mussels Ⓡ ✓ | Ⓜ | | | | | |
| North Star Cheese burger with pancetta | | | Barley Ⓜ<br>Kamut Ⓜ<br>Oats Ⓜ<br>Rye Ⓜ<br>Spelt Ⓜ<br>Wheat Ⓜ Ⓡ | | | | | Ⓡ ✓ | | | | | | | |
| Pan fried Sea Bass | | | | | | ✓ | | | | Ⓡ ✓ | | | | | |

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| **Mains** | | | | | | | | | | | | | | | |
| Rib-eye steak | | | | | | | | | | | | | | | |
| Roast belly of pork | | | | | | | | R ✓ | | R ✓ | | | | | |
| Rump steak | | | | | | | | | | | | | | | |
| Salmon teriyaki | | | | | | ✓ | | | | | | R ✓ | ✓ | | |
| Seafood linguini | | | Wheat ✓ | Prawns R ✓ | | | | R ✓ | Mussels R ✓ Squid R ✓ | | | | | | |
| Sirloin Steak | | | | | | | | | | | | | | | |
| Steamed fresh mussels | | | | | | | | R ✓ | Mussels ✓ | | | | | | |
| Tomahawk | ✓ | | | | | | | | | | | | | | |
| Whole sea bream | | | | | | ✓ | | R ✓ | | | | | | | |

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|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **Salads and vegeterian** | | | | | | | | | | | | | | | |
| Classic Caesar salad | | | Wheat (R) (✓) | | | (R) (✓) | | (R) (✓) | | (R) (✓) | | | | | |
| Field and button mushroom rissotto | | | Wheat (✓) | | | | | | | | | | | | |
| Pea and mint wildfarmed ravioli | | | Wheat (✓) | | | | | (R) (✓) | | | | | | | Almonds (M)<br>Brazil nuts (M)<br>Cashews (M)<br>Hazelnuts (M)<br>Macadamia nuts (M)<br>Pecans (M)<br>Pistachios (M)<br>Queensland nuts (M)<br>Walnut (M) |
| Tuna Nicoise Salad | | | | | (R) (✓) | (✓) | | | | | | | | | |

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|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **Sauces** | | | | | | | | | | | | | | | |
| Bernaise Sauce | | | | | ✓ | | | ✓ | | | | | | M | |
| Blue Cheese Sauce | | | | | | | | ✓ | | | | | | | |
| Chimichurri Sauce | | | | | | | | | | | | | | | |
| Peppercorn Sauce | | ✓ | Wheat ✓ | | | | | ✓ | | M | | | M | | |
| Red Wine Sauce | | ✓ | | | | | | ✓ | | ✓ | | | ✓ | | |

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|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **Sides** | | | | | | | | | | | | | | | |
| Buttered new potatoes | | | | | | | | R ✓ | | | | | | | |
| Chuncky fries | | | | | | | | | | | | | | | |
| Creamed spinach | | | | | | | | ✓ | | | | | | | |
| Dauphinoise potatoes | | | | | | | | ✓ | | | | | | M | Almonds M<br>Brazil nuts M<br>Cashews M<br>Hazelnuts M<br>Macadamia nuts M<br>Pecans M<br>Pistachios M<br>Queensland nuts M<br>Walnut M |
| Fries | | | | | | | | | | | | | | | |
| Green beans | | | | | | | | R ✓ | | | | | | | |
| Green Salad | | | | | | | | | | R ✓ | | | | | |
| Mashed Potato | | | | | | | | ✓ | | | | | | | |
| Onion rings | | | Wheat ✓ | | | | | | | M | | | M | | |
| Petit pois | | | | | | | | | | | | | | | |

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|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **Sides** | | | | | | | | | | | | | | | |
| Sweet potato | | | Barley (M)<br>Kamut (M)<br>Oats (M)<br>Rye (M)<br>Spelt (M)<br>Wheat (M) | | | | | | | | | | | | |
| Tenderstem broccoli with chilli | | | | | | | | | | | | | | | |

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| **Starters** | | | | | | | | | | | | | | | |
| Achill oysters | | | | | | | | | Oysters ✓ | | | | | | |
| Carpaccio beef & rocket salad | | | | | | | | R ✓ | | | | | | | |
| Chicken liver parfait | | | Wheat R ✓ | | ✓ | | | ✓ | | | | | M | | |
| Creamy Burrata with heritage tomatoes | | | | | | | | ✓ | | | | | | | |
| Jumbo seared scallops with pancetta and garlic butter | | | | | | | | R ✓ | Scallops ✓ | | | | | | |
| Mushroom brioche | | | Wheat R ✓ | | M R | | | ✓ | | M | | | | | |
| Salt and pepper squid | | | | | R ✓ | | | | Squid ✓ | | | | | | |
| Steamed fresh mussels | | | | | | | | R ✓ | Mussels ✓ | | | | | | |

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| **While you wait** | | | | | | | | | | | | | | | |
| Home made loaf of bread and butter | | | Wheat ✓ | | | | | ✓ | | | | | | | |
| Mediterranean Marinated Olives | | | | | | | | | | | | | | | |
| Padron peppers | | | | | | | | | | | | | | | |

**Signed by:** _____ **Signature:** _____